



Welcome to the 2018 ASID Conference

Our conference program

Easy Read version



How to use this program



The Australasian Society for Intellectual Disability (ASID) wrote this program. When you see the word 'we', it means ASID.



We have written this program in an easy to read way.

We use pictures to explain some ideas.



We have written some words in **bold**. We explain what these words mean. There is a list of these words on page 60.



This Easy Read program is a summary of our *2018 ASID Conference Program*.



You can ask for help to read this program. A friend, family member or support person may be able to help you.

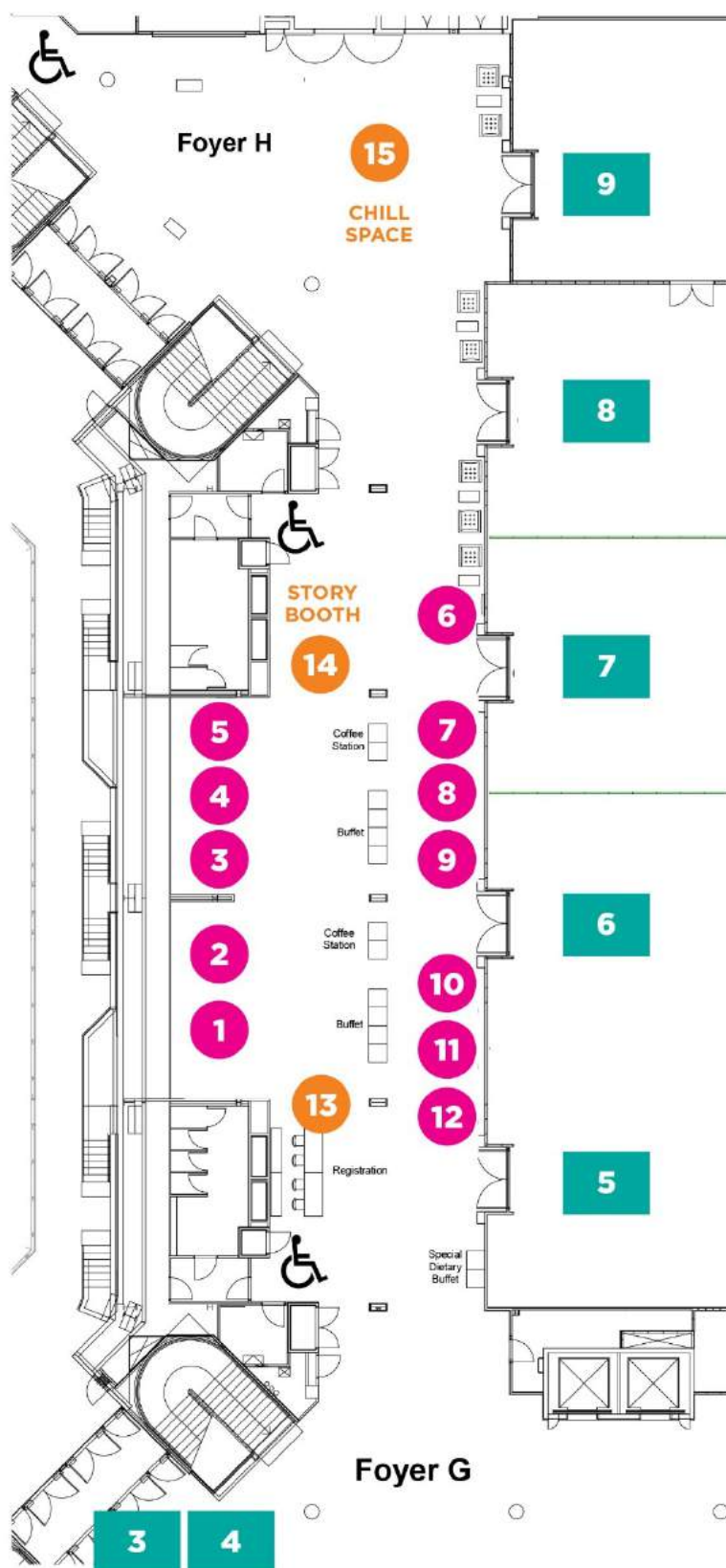
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Venue map

Our conference is on the first floor of the Gold Coast Convention and Exhibition Centre.

1	Take Better Photos
2	Information Access Group
3	Life Without Barriers
4	ClubMates Travel
5	La Trobe Living with Disability Research Centre
6	NDIS
7	Real Community Services
8	Summerland Credit Union
9	Centre for Disability Studies
10	Able Australia
11	Flinders University
12	WA Individualised Services
13	Registration Desk
14	Story Booth
15	Chill Space
3	Room 3 – Speakers' Preparation Room
4	Room 4
5	Room 5
6	Room 6
7	Room 7
8	Room 8
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About the ASID conference



This is our 52nd ASID Conference.

Lots of different people come to our conference, including:



- people with intellectual disability
- workers who support people with intellectual disability.



At the conference, we all work together to find better ways to include people with intellectual disability in the community.



We also work to change things that don't give people with intellectual disability the support they need.



The conference starts on Wednesday
14 November 2018.



The conference ends on Friday 16 November 2018.



Each year the conference has a different **theme** –
a main idea.



Our theme this year is 'Let's Shake it Up:
Human Rights for Everyone'.



Our theme was chosen by a group of people
with intellectual disability.



They want the world to be a place where everyone
has the same rights.

During our conference, you will:



- go to **Plenary Sessions** – the main sessions at the conference



- go to **Concurrent Sessions** – sessions in different places at the same time



- hear from **Keynote Speakers** – the main speakers at the conference.

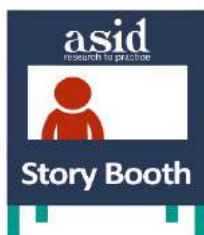
During morning tea, lunch and afternoon tea, you can also:



- visit our **exhibitors** – the organisations that have stands showing us what they do



- take a photo at the *Take Better Photos* booth



- share your story at the *Self-Advocate Story Booth*.



The *Self-Advocate Story Booth* is for people with intellectual disability who want to record their personal story.



We want to hear from the people we are working to help.

We will ask you 5 questions, including:



1. What you are looking forward to at the conference?
2. What you do at home?
3. What you do for work?
4. What has made you most proud in your life?
5. What would you like to improve in your life?



The recording will take about 10 minutes.



Your story might be included in the ASID podcast and shared with the ASID community.



We won't share anything you don't want us to share.

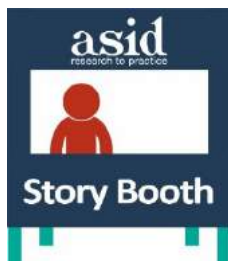
The *Self-Advocate Story Booth* will be open for most of the day on:



- 14 November



- 15 November.



Look for the *Self-Advocate Story Booth* sign in the Exhibitors Area.



If you want more information, you can contact Ben Pawson at asidstorybooth@gmail.com

Wednesday 14 November 2018





People can now check into the conference.

Thank you to our Gold sponsors:



- The Information Access Group
- Life Without Barriers.



They have helped us make this conference more **accessible** – more people with different abilities can take part.

We'd also like to thank these organisations for their help and support:



- House with No Steps helped us with name badges



- Scope helped us with bags for the conference



- Taylor and Francis Group is providing our meals during the conference



- Deakin University is also providing our meals during the conference



- Council for Intellectual Disability is supporting our conference workshops



- Disability Employment Australia is supporting our Employment presentations



- La Trobe University for supporting our Keynote Speakers.



Room 5/6



The 52nd ASID Conference is open.

We'd like to recognise the local Indigenous people who were the first people to live on and use the land where we are meeting today.



The President of ASID, Laura Hogan, will welcome us all.



Room 5/6



One of our Gold sponsors, the Information Access Group, will talk about how important it is to make information accessible.



Room 5/6

Associate Professor Ann Fudge Schormans is Keynote Speaker 1.



Ann works at the School of Social Work at McMaster University in Canada.

She used to do social work for people with intellectual disability.

Ann will talk about how art can be used to include people with intellectual disability in research.



Room 5/6



The Burnie Youth Peer Support Group will present their *Try Everything* video.



Exhibition Foyer



Morning tea is served.



We will start our Concurrent Sessions.



Room 5



In session 1, we will talk about how good the staff support is in **Supported Group Accommodation**.

Supported Group Accommodation is where people live if they can't live:



- on their own
- with their family.

We will talk about:



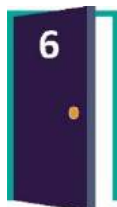
- if Supported Group Accommodation culture can tell us about the **quality** of staff support – quality means how good the support is.



- how organisations can use **Active Support** – when people with disability can take part in the everyday activities they want and with the amount of support they need



- ways to keep good Active Support in Supported Group Accommodation



Room 6



In session 2, we will talk about **independent living**.



When you live independently you are in control of your own life and the choices you make.

We will talk about:



- people with a learning disability living independently
- using Supported Independent Living, and Capacity and Skill Development funding to build independence
- the accessibility of public transport for adults with intellectual disability.



Room 7



In session 3, we will talk about **human rights**.

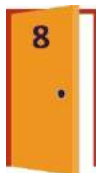
Human rights are the rights that we all have to:



- be treated **equally** – when you are treated the same as everyone else
- be treated with **respect** – when you are treated with care and understanding
- have more choice about our lives.

We will talk about:

- how important it is to have
 - human rights
 - **citizenship** – when you are a citizen, you are a person who lives in a particular country, state, city or town
 - **self-determination** – you control your own life
- the House with No Steps Peer Mentor Program, which helps people with disability:
 - know their rights
 - speak up
 - give their feedback
- what people with intellectual disability think about voting in elections.



Room 8



In session 4, we will do a workshop.



Alanna Julian and Kylee Roberts from the NSW Council for Intellectual Disability will run the workshop.



The workshop will be about including people with intellectual disability in conference presentations.



Room 9



In session 5, we will talk about employment.

We will talk about:

- **internships** for people with intellectual disability who go to university – an internship is a short-term position where you are trained in how to do a job
- creating meaningful work for people with disability
- improving employment for people with Autism Spectrum Disorder through disability employment services.





Exhibition Foyer



Lunch is served.



We will start our Concurrent Sessions.



Room 5



In session 1, we will talk about planning.

We will talk about:



- including people with intellectual disability and high support needs in planning their supports
- using images to help make information easier to understand
- a new tool to work out how services are helping people with disability reach their goals.



Room 6



In session 2, we will talk about education.

We will talk about:



- what a study on high-school maths for students with Down syndrome found out
- intellectual disability and being **numerate** in day-to-day life – numerate is when someone can understand and work with numbers
- a photography project called *A day in the life of Uni 2 beyond students*.



Room 7



In session 3, we will talk about human rights.



We will talk about what the *Roadmap for Achieving Dignity without Restraint* has achieved.

This is a plan to reduce and stop the use of **restraints** for people with disability.

Restraint is when a person's movement is stopped by:

- another person
- a machine
- a drug.

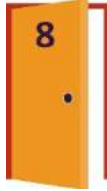
We will also talk about:



- what staff think about using restraint with a machine and how it can be reduced or stopped



- the rights and equality of people with disability.



Room 8



In session 4, we will talk about abuse and bullying.

We will talk about:



- how to face abuse that is:
 - happening now
 - has happened
 - will happen



- ways to protect yourself and how this will help people with intellectual disability



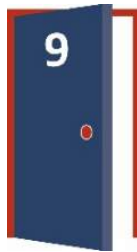
- **advocacy** against the **sexual assault** of people with intellectual disability



- how to support a person with high communication needs who has been sexually assaulted.



Advocacy is when someone speaks up for someone who can't speak up for themselves.



Room 9



In session 5, we will talk about employment.



We will talk about a new way of understanding what young people with intellectual disability and high support needs who are going into employment need.



Exhibition Foyer



Afternoon tea is served.



We will start our Concurrent Sessions.



Room 5



In session 1, we will talk about services that work well.

We will talk about:



- the results from a study on Australian positive behaviour support
- how well the train-the-trainer program is going in Person Centred Active Support in NSW
- the results from a survey of Behaviour Support Practitioners in Australia.



Room 6



In session 2, we will talk about education.

We will talk about:



- why people with intellectual disability go on to higher education, including university



- teachers have had experiences including students with intellectual disability at university



- if **virtual reality** is a good tool for education. Virtual reality is **technology** that makes it look like you are somewhere else when you use it.



Technology is a way of using science to solve a problem or make something happen. It includes tools we use like telephones and the internet.



Room 7



In session 3, we will talk about human rights.

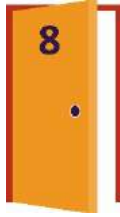
We will talk about ways to:



- give people with intellectual disability more power in their lives
- reduce restraint in Victorian government schools
- reduce **seclusion** in Victorian government schools.



Seclusion is when someone is kept away from other people.



Room 8



In session 4, we will talk about the day-to-day lives of people with intellectual disability.

We will talk about:



- self-determination of adults with intellectual disability and family relationships



- why **peer** support is important and how it helps people with disability. A peer is someone who is similar to you. For example, if you are a person with disability, your peers are other people with disability



- supporting choice and control for people with disability.



Room 9



In session 5, we will talk about being included in the community.

We will talk about:

- how peers can check the quality of their Supported Group Accommodation
- the challenges of Supported Group Accommodation
- what Supported Group Accommodation could be like
- a group of children with intellectual disability who were put into an **institution** in the 1950s in Australia – an institution is a place where people live and are taken care of
- how to live in the community again after living in an institution.



First Floor of Foyer F.



Welcome reception – you can meet other people who are at the conference.

Thursday 15 November 2018





People can now check into the conference.



Room 5/6



Andrew Jahoda is Keynote Speaker 2.

He is a Professor of Learning Disabilities at the University of Glasgow in Scotland.

He researches the mental health and wellbeing of people with learning disabilities.

Andrew will talk about changing treatments for people with intellectual disability based on what they need.



Room 5/6

Chris Hatton is Keynote Speaker 3.

He is a Professor of Psychology, Health and Social Care at Lancaster University in England.

He has done research about people with intellectual disability for nearly 30 years.

Chris will talk about:

- why people with intellectual disability aren't as healthy as people without a disability
- how we can fix this.



Exhibition Foyer



Morning tea is served.



We will start our Concurrent Sessions.



Room 5



In session 1, we will talk about services that work well.

We will talk about:



- supporting friendly meetings for people with intellectual disability so they can be included in the community
- accommodation support for:
 - people with intellectual disability
 - people with a **personality disorder** – a mental health condition
 - people with disability in the **criminal justice system**.



The criminal justice system includes:



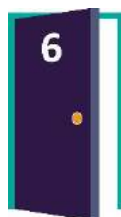
- **courts** – a place where legal problems are solved by a judge and/or a jury
- prisons
- services that help keep people out of prison.



We will also talk about the challenges of providing services that are right for Aboriginal and Torres Strait Islander people with disability in **remote communities**.



Remote communities are far away from cities or towns.



Room 6



In session 2, we will talk about health.

We will talk about:



- 15 years of speaking up about improving the health of people with intellectual disability
- how much the health of people with intellectual disability has gotten better
- teaching support workers to see pain in adults with intellectual disability and what they can do to help
- reducing deaths of people with a disability that could have been stopped.

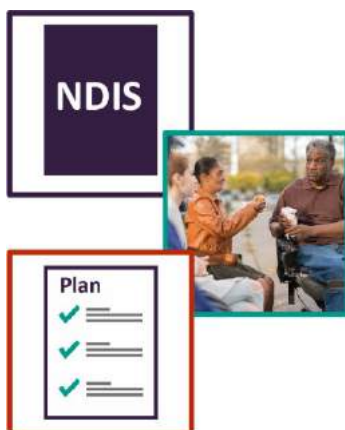


Room 7

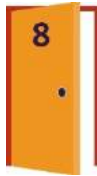


In session 3, we will talk about the National Disability Insurance Scheme (NDIS).

We will talk about:



- taking part in the NDIS
- what life has been like since the NDIS
- adults with intellectual disability and their families creating plans for the NDIS.



Room 8



In session 4, we will do a workshop.

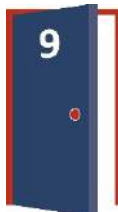


The workshop will be run by:

- Roger Stancliffe and Sarah Wagstaff from the University of New South Wales
- Michele Wiese from Western Sydney University.



The workshop will teach people with intellectual disability about the end of life.



Room 9



In session 5, we will talk about people who have an intellectual disability and a mental health condition.

We will talk about:



- a program for people with intellectual and learning disabilities who have a mental health condition
- women who have an intellectual disability and need to use mental health services
- if ability is related to mental health problems in adults with low ability.



Exhibition Foyer



Lunch is served.



Room 7

AGM



We have our Annual General Meeting.

We will talk about:

- how we have been doing over the past year
- what we will be doing next year.



Room 5/6



Paul, Donna and Alex are Keynote Speakers 4.



They will talk about **self-advocacy** in Queensland.

Self-advocacy is when a person with disability is supported to speak up for themselves.



Room 5/6

Monica Cuskelly is Keynote Speaker 6.

She is an Associate Head of Research at the University of Tasmania.

She researches the lives of adults with intellectual disability.

She will talk about what the lives of adults with intellectual disability should be like.



Exhibition Foyer



Afternoon tea is served.



We will start our Concurrent Sessions.



Room 5



In session 1, we will talk about sexuality rights.



We will talk about:

- talking about sexuality rights with your peers
- what we learnt while delivering a program about your:
 - sexual rights
 - rights in a relationship
- sexual lives and respectful relationships for people with intellectual disability who are Lesbian, Gay, Bisexual, Transgender, Intersex and Questioning (LGBTIQ)
- training for organisations that support LGBTIQ people with intellectual disability.





Room 6

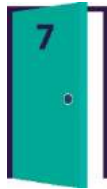


In session 2, we will talk about health.

We will talk about:

- a study about the nurses who care for people with intellectual disability in hospital
- how an intellectual disability nurse specialist has helped in the United Kingdom and Ireland
- health rights for everyone
- getting over your fears about medical appointments and hospitals
- a study about carers of young people with intellectual disability who have been released from a child health service.





Room 7

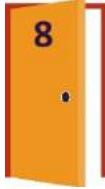


In session 3, we will talk about the NDIS.

We will talk about:



- meeting high behaviour support needs in the NDIS
- getting more people working in disability healthcare in rural areas
- improving the community in the NDIS
- behaviour support under the NDIS
- making sure disability research is **inclusive**
– people with disability are included.



Room 8



In session 4, we will do a workshop.



Ann Fudge Schormans will run the workshop.



The workshop will be about life as a parent of a child with intellectual disability.



Room 9



In session 5, we will talk about self-advocacy.



Room 9

In session 6, we will talk about ways to include people with intellectual disability in **action research** – when the people who the study is for help with the study.

We will talk about:

- using what people learn from action research
- the importance of including people with intellectual disability in action research.



Room 5

In session 7, we will talk about human rights in research.



We now have our conference dinner.

The conference dinner is made up of 6 Dine Around Dinners.

This means that people from the conference will be split up into 6 groups.

Each group will:

- have 15 people
- go to a different restaurant.

At each Dine Around Dinner there will be:

- someone from ASID
- a Keynote Speaker.



Friday 16 November 2018





People can now check into the conference.



Room 5/6

Brigit Mirfin-Veitch is Keynote Speaker 6.



She is a Director of the Donald Beasley Institute in New Zealand.

She works to promote access to justice for people with learning disabilities.

She will talk about making the legal system better for people with intellectual disability.



Room 5/6



Launch of 2019 Conference.



Room 5/6

One of our Gold sponsors, Life Without Barriers, will talk about:



- what they do
- what they have achieved
- how people can get involved with them.



Room 5/6



The ASID Awards will be presented by Laura Hogan.



Room 5/6



Kathy Ellem is Keynote Speaker 7.

She is a Senior Lecturer from the School of Nursing, Midwifery and Social Work at the University of Queensland.

She works to include people with intellectual disabilities in:

- research
- **policies** – government plans for how things will be done.



Kathy will talk about how to help people with intellectual disability who are in trouble with the law.



Exhibition Foyer



Morning tea is served.



We will start our Concurrent Sessions.

Room 5



In session 1, we will talk about people with intellectual disability being included in the community.

We will talk about:



- helping families to get people with intellectual disability included in their community
- what Australians think about intellectual disability
- the role of people who work in the community to support young men with intellectual disability.



Room 6



In session 2, we will talk about communication.

We will talk about:



- accessible resources for adults with intellectual disability
- the right to accessible information and what this looks like in Australian mental health policy
- creating accessible resources for people with intellectual disability in Victoria Police.



Room 7



In session 3, we will be doing a workshop.



Andrew Jahoda will run the workshop.



The workshop will be about supporting people with intellectual disability who have **depression**.



Depression is when you:

- feel sad all the time
- don't think things will get better.



Room 8



In session 4, we will do a workshop.

The workshop will be about:

- the importance of self-advocacy
- how you can be a self-advocate
- how digital stories can help get a message into the community and create change
- how you can make your own digital story.





Room 9



In session 5, we will talk about the end of someone's life.



Exhibition Foyer



Lunch is served.



We will start our Concurrent Sessions.

Room 5



In session 1, we will talk about people with intellectual disability being included in the community.

We will talk about research into:



- knowing people with intellectual disability have something to say
- ways to carry out surveys with people with intellectual disability to see if they are happy with their services
- understanding **supported decision-making** for young people with intellectual disability.



Supported decision-making is when you use support or advice to make a decision.



Room 6



In session 2, we will talk about communication.



We will talk about:

- training adults with intellectual disability how to use social media
- people with intellectual disability in Queensland using the internet.



Room 7



In session 3, we will do a workshop.

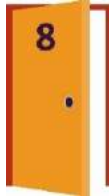
The workshop will be run by:



- Chris Hatton from Lancaster University
- Aine Healy from Ideas Info Action
- George Julian from the University of New South Wales.



The workshop will be about how research can help people with disability.



Room 8



In session 4, we will talk about communication.

We will talk about how the Augmentative and Alternative Communication (AAC) service went.

AAC includes different ways to communicate, such as:



- communication charts
- machines that say the text when you press a button
- sign language.



This service travelled to children with intellectual disability and their families.

It talked to them about what they could do to help.



Then, there will be a conference session that's led by people with intellectual disability.

They will talk about:



- relationships
- sex
- sexuality
- love
- the Queensland law affecting people with intellectual disability.



Room 9



In session 5, we will talk about the experiences that adults with intellectual disability have had with their support staff in group homes.



Exhibition Foyer



Afternoon tea is served. We will say goodbye.

Word list





Accessible

More people with different abilities can take part.



Action research

When the people who the study is for help with the study.



Active Support

When people with disability can take part in the everyday activities they want and with the amount of support they need.



Advocacy

When someone speaks up for someone who can't speak up for themselves.



Citizenship

When you are a citizen, you are a person who lives in a particular country, state, city or town.



Concurrent Sessions

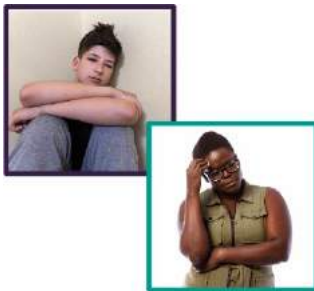
Sessions in different places at the same time.



Criminal justice system

The criminal justice system includes:

- courts
- prisons
- services that help keep people out of prison.



Depression

When you:

- feel sad all the time
- don't think things will get better.



Equally

When you are treated the same as everyone else.



Exhibitors

The organisations that have stands showing us what they do.



Human rights

The rights that we all have to:

- be treated equally
- be treated with respect
- have more choice about our lives.



Inclusive

When people with disability are included.



Independent living

When you live independently you are in control of your own life and the choices you make.



Institution

A place where people live and are taken care of.



Internships

An internship is a short-term position where you are trained in how to do a job.



Keynote Speaker

The main speakers at the conference.



Numerate

When someone can understand and work with numbers.



Peer

A peer is someone who is similar to you. For example, if you are a person with disability, your peers are other people with disability.



Personality disorder

A mental health condition.



Plenary Sessions

The main sessions at the conference.



Policies

Government plans for how things will be done.



Quality

Quality means how good the support is.



Remote communities

Far away from cities or towns.



Respect

When you are treated with care and understanding.

Restraint

When a person's movement is stopped by:



- another person
- a machine
- a drug.



Seclusion

When someone is kept away from other people.



Self-advocacy

When a person with disability is supported to speak up for themselves.



Self-determination

You control your own life.



Sexual assault

When someone makes you do something sexual that you don't want to do.



Supported decision-making

When you use support or advice to make a decision.



Supported Group Accommodation

Where people live if they can't live:

- on their own
- with their family.



Technology

A way of using science to solve a problem or make something happen. It includes tools we use like telephones and the internet.



Theme

A main idea.



Virtual reality

Technology that makes it look like you are somewhere else when you use it.



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Quote job number 2812.

